Christmas Week Menu Planner

Here's a nutritious yet simple menu for the week of Christmas. It's designed to save you time, stretch ingredients and help make use of Christmas leftovers.



December 18th

- Lunch
- Tomato soup
- Grilled cheese sandwiches
- Dinner
 - Slow cooker beef and mushroom stew. <u>Get the recipe here</u> and substitute baby carrots to save prep time.
 - Oheese garlic biscuits. These are <u>made using a biscuit mix</u> to save you time.
 - Baked potatoes



December 19th

- Lunch
- o English muffin pizzas. <u>Use the recipe here</u>, but you can use whatever ingredients you have on hand for your toppings.
- Green salad. Use bagged and washed salad mix to save time

Dinner O Chicken breasts with lime sauce. Here's a simple recipe and you can even use bottled lime juice if you don't have fresh lime on hand.

- Rice
- Vegetable medley
- Brown and serve rolls



December 20th Lunch

- o Bacon, Lettuce and Tomato (BLT) sandwiches. They're easy to make and you can pre-cook the bacon and chop up the lettuce and tomato ahead of time. Then, let everyone assemble their own sandwiches.
- Baby carrots with ranch dressing

Dinner

- Ham. A cooked ham is such a simple thing to make. You can heat it up as is or mix some honey and Dijon mustard to make a delicious glaze.
- o Roasted turkey breast. Just use a breast, if you don't have a big crowd.
- Mashed potatoes, gravy and cranberry sauce
- Stuffing...you can make it from scratch, but don't stress yourself out too much. The boxed kind is usually a crowd pleaser.
- Broccoli cheese casserole. <u>Here's an absolutely delicious one</u>.
- Ask your guests to bring a vegetable dish or check out this site for vegetable dish ideas.



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Dessert Ideas: You can purchase delicious premade desserts from the bakery to save time, or if you're ambitious, try these ones.

- Apricot fruitcake
- o Old fashioned apple pie

December 21st

Lunch

- Use your leftover ham to make grilled ham and cheese sandwiches
- French fries

Dinner

- For a change from regular turkey soup, try this <u>Southwestern turkey</u> <u>soup</u> recipe.
- Using your leftover mashed potatoes, make pan-fried potato cakes.



December 22nd

Lunch

- o Turkey club tortilla roll-ups. <u>Here are some guidelines</u> to put yours together.
- Cut fresh fruit

Dinner

- o Don't let that ham go to waste, try this ham casserole.
- o Corn muffins are simple to make with this recipe.



December 23rd

Lunch

- o Ham and Bean Soup. Here's a nice hearty recipe.
- o Biscuits, using your biscuit mix.

Dinner

- o Turkey tetrazzini. This <u>highly-rated recipe</u> uses egg noodles, for a delicious light texture.
- o Salad
- Brown and serve rolls



December 24th (Christmas Eve)

Lunch

- Turkey salad sandwiches. Use <u>recipe for turkey salad</u>.
- Oven baked sweet potato fries. <u>Here's a good recipe</u>.

Dinner

- Tacos. Give yourself a break and use a taco kit that includes shells, taco seasonings and taco sauce.
- Don't forget the shredded lettuce, tomatoes, cheese and sour cream.
- For something a little extra, try this recipe for refried beans.



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